



# Our Lady's Catholic Primary School Prayer Book



## Reception

### Sign of the Cross

*The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of many things we do.*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

### Hail Mary

*The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.*

Hail Mary, full of grace,  
the Lord is with thee:  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.



### Our Father

*When one of the disciples asked Jesus how to pray, He taught us the Our Father prayer.*

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.

## Year One

### Glory be to the Father

*In this prayer, we praise the Holy Trinity: God the Father, God the Son and God the Holy Spirit.*

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

### Prayer to the Guardian Angel

*God gave each one of us an angel to look after us. We cannot see him but we can pray to him. This is a prayer to your Guardian angel.*

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide.  
Amen.



## Year Two

### Eternal Rest

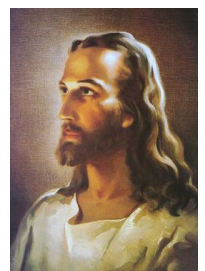
*In this prayer, we pray for all those people who have died.*

Eternal rest give unto them, O Lord,  
and let perpetual light shine upon them.  
May they rest in peace.  
Amen.

### Act of Faith, Hope and Love

*In this prayer, we share our faith in Jesus.*

Jesus, I believe in you.  
Jesus, I hope in you.  
Jesus, I love you.



## Year Three

### Act of Contrition

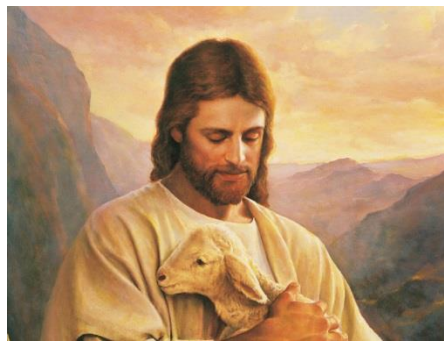
*We say this prayer to show God we are sorry for the times we have not done the right thing.*

O my God, because you are so good  
I am very sorry that I have sinned against you  
and by the help of your grace  
I will not sin again.  
Amen

### The Confiteor

*This is another prayer we say to show God we are sorry. It is said during Mass.*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord, our God



## Year Four

### The Memorare

*The Memorare is a prayer to help us remember how important and special Mary is to us in our lives.*

Remember, O most loving Virgin Mary,  
that it is a thing unheard of,  
that anyone ever had recourse to your protection,  
implored your help,  
or sought your intercession,  
and was left forsaken.

Filled therefore with confidence in your  
goodness

I fly to you, O Mother, Virgin of virgins.

To you I come, before you I stand, a sorrowful sinner.

Despise not my poor words,

O Mother of the Word of God,

but graciously hear

and grant my prayer.

Amen.



### The Angelus

*This prayer reminds us of when the Angel Gabriel was sent to Mary to tell her that she was going to have baby Jesus - the son of God.*

*Some people say the Angelus three times a day: morning, noon and evening.*

The Angel of the Lord declared to Mary: and she conceived of the Holy Spirit.

Hail Mary... Holy Mary...

Behold the handmaid of the Lord: be it done to me according to your word.

Hail Mary... Holy Mary...

And the Word was made flesh: and dwelt among us

Hail Mary... Holy Mary...

Pray for us, O holy Mother of God that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord,  
your grace into our hearts,  
that we to whom the incarnation of Christ, your Son,  
was made known by the message of an angel,  
may be brought by his passion and cross  
to the glory of his resurrection,  
through Christ our Lord. Amen.

### Year Five

#### The Magnificat

*This is Mary's special prayer of praise to God. She prayed this when she was told she was going to be the mother of Jesus.*

My soul glorifies the Lord,  
My spirit rejoices in God, my Saviour.  
He looks on his servant in her loneliness;  
henceforth all ages will call me blessed.  
The Almighty works marvels for me.  
Holy his name!



His mercy is from age to age,  
on those who fear him.  
He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.  
He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons forever.

#### Nunc Dimittis

*This prayer was said by Simeon when he saw Jesus in the temple.  
Simeon was an old man who desperately wanted to see the Messiah.  
When Mary and Joseph brought Jesus into the temple, Simeon was  
overjoyed and prayed this prayer*

Now, Lord, you have kept your word:  
let your servant go in peace.  
With my own eyes I have seen the salvation

which you have prepared in the sight of every people:  
a light to reveal you to the nations  
and the glory of your people Israel.  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning, is now,  
and ever shall be, world without end.  
Amen.



## Year Six

### Prayer to the Holy Spirit

*In Confirmation, we receive the gifts of the Holy Spirit.*

*We ask the Holy Spirit to come upon us.*

O Come, Holy Spirit,  
fill the hearts of your faithful,  
and kindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you shall renew the face of the earth.  
O God, who has taught the hearts of the faithful  
by the light of the Holy Spirit,  
grant that by the gift of that same Spirit  
we may be always truly wise  
and ever rejoice in his consolation.  
Amen.

### Apostles' Creed

*The creed is a statement which lists all that we believe in as  
Christians. The word "Creed" means "I believe".*

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,

and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.

Amen.

